



# Nature's Classroom



# Nature's Classroom Mission

To give students the opportunity to make meaningful connections with themselves, others, and the natural world through genuine, hands-on experiences.



*“Wait. Does Covid even matter anymore?”*

Yes, but it's easier now.

- All students & chaperones take a Covid test in the morning **before** they leave for NC. If you test +, you can't come :( **So please be extra careful leading up to the trip!**
- All NC staff are fully vaccinated & boosted.

# No phones, no tablets, no problem!



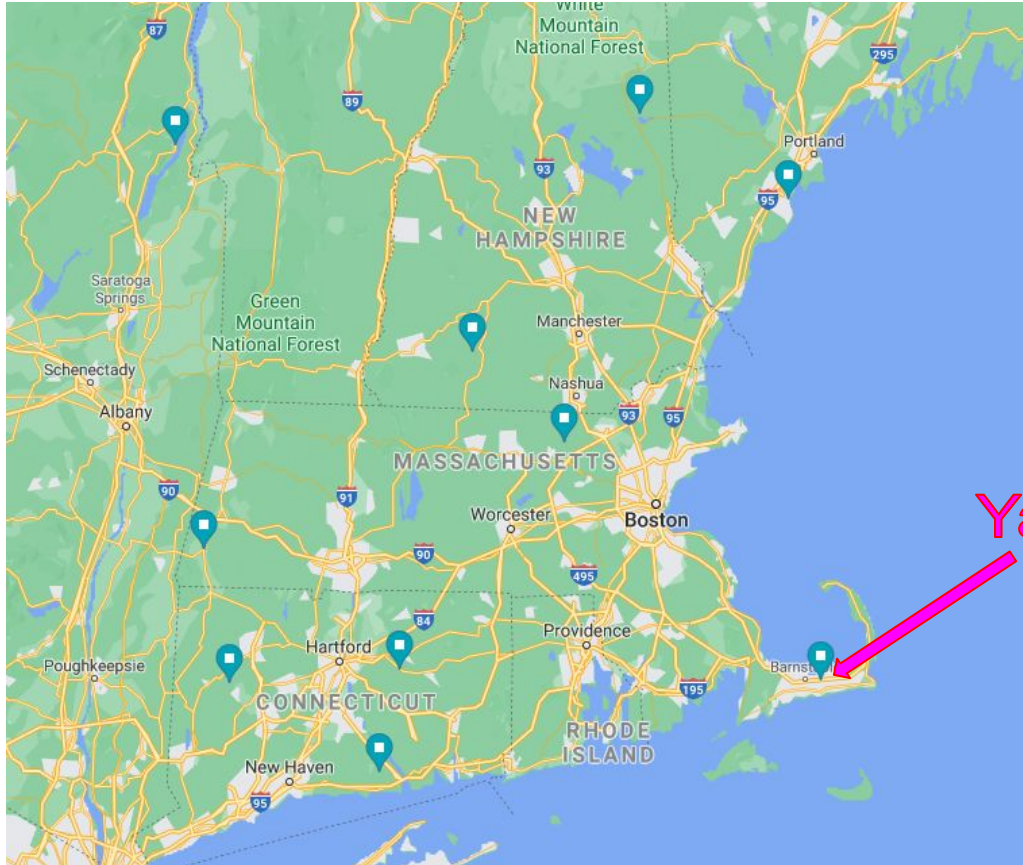
It's just a few days. You've got this!!!

# Health Center



**Medic on site 24/7!!**

# Where *is* Nature's Classroom?



Yarmouth Port  
2 Hours

# 3 Strike System

**Strike 1:** Chat with Michele and the lead teacher or principal from your school, and do some community service during your free time.

**Strike 2:** Call folks at home and explain to them what's going on + more community service and your final warning.

**Strike 3:** Pack up and head home.

**\*\*Behaviors that are an automatic Strike 3:**

Violence, physical fighting, bullying, anytime a student has created an unsafe environment for themselves or someone else.

***\*This starts before you even come on the trip! Your teachers will decide if you have earned it.***

School: Dates: From:		Students: Groups: Teachers:	Grade: Cabins:	
Monday	Tuesday	Wednesday	Thursday	Friday
<b>10:30 Arrival</b> Unload Buses/Move In Fire Drill Welcome/Introduction	7:00 Wake up <b>7:30 Morning Meds</b>	7:00 Wake up <b>7:30 Morning Meds</b>	7:00 Wake up <b>7:30 Morning Meds</b>	7:00 Wake up <b>7:30 Morning Meds</b>
	<b>7:40 Set/ 8:00 Breakfast</b>	<b>7:40 Set/ 8:00 Breakfast</b>	<b>7:40 Set/ 8:00 Breakfast</b>	<b>7:40 Set/ 8:00 Breakfast</b>
	<i>Transition to Homebase</i> <b>9:00 Field Group</b>  <u>11:30 Free Time</u>	<u>9:00 Free Time</u>  9:30 Pack lunches for All Day          <b>All Day Hike</b>          <u>4:00 Free Time</u>	<b>9:00 Predator vs Prey</b>          <u>11:30 Free Time</u>	9:00 Cabin Cleaning   9:30 Cody's Challenge       11:00 Load Buses
	<b>12:00 Lunch</b>		<b>11:40 Set &amp; Lunch Meds</b> <b>12:00 Lunch</b>	<b>10:55 Set &amp; Lunch Meds</b> <b>11:15 Lunch</b>
<i>Transition to Homebase</i> <b>1:00 Field Group</b>  *1:15 Teacher Meeting*   4:00 Student Meeting/4C Report  <u>4:30 Free Time</u>	1:00 <b>Class Choice 1</b>  2:45 Class Assignment/ Snack  3:00 <b>Class Choice 2</b>  <u>4:30 Free Time</u>		1:00 <b>Class Choice 3</b>  2:45 Class Assignment/ Snack  3:00 <b>Class Choice 4</b>  <u>4:30 Free Time</u>	<b>12:00 Departure</b>          Program Manager Cell:  Nurse Cell:
<b>5:10 Set &amp; Dinner Meds</b> <b>5:30 Dinner</b>	<b>5:10 Set &amp; Dinner Meds</b> <b>5:30 Dinner</b>	<b>5:10 Set &amp; Dinner Meds</b> <b>5:30 Dinner</b>	<b>5:10 Set &amp; Dinner Meds</b> <b>5:30 Dinner</b>	Nature's Classroom 9 Cody Rd. Freedom NH, 03836 (603)539-8053
<i>Transition to Homebase</i> <b>6:30 Night Hike</b>  8:00 Quiet Sing <b>Night time Meds</b>	<i>Transition to Homebase</i> <b>6:30 Night Hike</b>  8:00 Quiet Sing <b>Night time Meds</b>	<u>6:30 Short Free Time</u>  <b>6:45 Science Fair</b> 8:00 Quiet Sing <b>Night time Meds</b>	<i>Transition to Homebase</i> 6:30 Skit Prep <b>7:00 Skit Night</b> 8:00 Quiet Sing <b>Night time Meds</b>	

<b>School:</b> <b>Dates:</b> <b>From:</b>	<b>Grade:</b> <b>Cabins:</b>
Day 1	Day 2
<div>1.</div> <div> <b><u>Outdoor Educators</u></b> </div> <div> 10:00 Arrival  Unload Buses  Intro Talk </div>	7:00 Wake up <b>7:30 Morning Meds</b>
	<b>7:40 Set/ 8:00 Breakfast</b>
	<div> 9:00 Cabin Cleaning </div> <div> 9:30 4C Challenge </div> <div> 11:00 Load Buses </div>
12:00 Lunch	11:00 Set & Lunch Meds 11:15 Brunch
1:00 Move into cabins  1:30 Fire Drill/Field Group Intro (Rec Hall) <b>2:00 Field Group</b> *2:15 Teacher Meeting*  4:00 Student Meeting/ 4C Report <u>4:30 Free Time</u>	<b>12:00 Departure</b>    Program Manager Cell:  Nurse Cell:
5:10 Set & Dinner Meds 5:30 Dinner	
<i>Transition to Homebase</i> 6:30 <b>Night Hike</b>  8:30 Quiet Sing <b>Night time Meds</b>	

School: Dates: From:	Students: Groups: Teachers:	Grade: Cabins:
Monday	Tuesday	Wednesday
<b><u>Outdoor Educators</u></b>  1.           <b>10:30 Arrival</b> Unload Buses Intro Talk Walk to Dining Hall	7:00 Wake up <b>7:30 Morning Meds</b>	7:00 Wake up <b>7:30 Morning Meds</b>
	<b>7:40 Set/ 8:00 Breakfast</b>	<b>7:40 Set/ 8:00 Breakfast</b>
	9:00 <i>Transition to Homebase</i> 9:15 <b>Field Group</b>           <u>11:30 Free Time</u>	9:00 Cabin Cleaning 9:30 4C Challenge 11:00 Load Buses
<b>12:00 Lunch</b>	<b>11:40 Set &amp; Lunch Meds</b> <b>12:00 Lunch</b>	<b>11:00 Set &amp; Lunch Meds</b> <b>11:15 Brunch</b>
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		Program Manager Cell:  Nurse Cell:
<b>5:10 Set &amp; Dinner Meds</b> <b>5:30 Dinner</b>	<b>5:10 Set &amp; Dinner Meds</b> <b>5:30 Dinner</b>	
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School: Dates: From:		Students: Groups: Teachers:	Grade: Cabins:
Tuesday	Wednesday	Thursday	Friday
<u>Outdoor Educators</u>  1.          10:30 Arrival Unload Buses Intro Talk Walk to Dining Hall	7:00 Wake up 7:30 Morning Meds	7:00 Wake up 7:30 Morning Meds	7:00 Wake up 7:30 Morning Meds
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	Transition to Homebase 9:00 Field Group          <u>11:30 Free Time</u>	9:00 Pack lunches for All Day          All Day Hike	9:00 Cabin Cleaning  9:30 4C Challenge      11:00 Load Buses
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# Arrival Day!



# Unloading the Bus



# Moving into the Cabins



# Outdoor Footwear



# The Three Layer System - *“How to stay warm!”*

## 1. Base Layer: Moisture Management



## 2. Middle Layer: Insulation



## 3. Shell Layer: Weather Protection



# Backpack and Water Bottle



# Camera



# Cabin Information



- NO Candy, **GUM**, food and soda
- NO Electronic Equipment (this includes phones, tablets, smart watches etc.)
- All Medicine to the Health Center & not in cabins!
- PLEASE BRING** soap and towels!





**BRING YOUR OWN BEDDING!**

# Great For The Cabin



# Inside the Cabins



# Bedding

## Students Should Bring

Sleeping Bag and Pillow

or

Sheets, Blanket and Pillow



# Meal Time



# THE DINING HALL





### Outdoor Classroom Menu Example

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
*All breakfasts are served with assortment of cereals, yogurt, soy milk, cow's milk, fresh watermelon, cantaloupe, pineapple, apples, oranges and bananas*				
	Pancakes Sausage	Eggs Bagels Bacon	French Toast Sausage	Waffle Sausage Patty
Lunch	Lunch	Lunch	Lunch	Lunch
*All lunches are served with salad bar, cow's milk, apples, oranges and bananas, sunbutter and jelly station*				
Burgers Fries Watermelon	Pizza Caesar Salad	Pack Out (Cold Cut Sandwiches)	Grilled Cheese Tomato Soup Tots	Italian Subs Chips Grapes
Dinner	Dinner	Dinner	Dinner	
*All dinners are served with salad bar, cow's milk, apples, oranges and bananas, sunbutter and jelly station*				
Grilled Chicken Rice Pilaf Asparagus Brownie	Chicken Tacos Rice Beans	Spaghetti & Meatballs Rolls Green Beans  Hoodsie Cup	Sweet & Sour Chicken Rice Broccoli	

# What do we do at NC?

- Field Group
- Class Choices
- Evening Activities
- Large Group Games
- Quiet Sing



# The 4Cs

## Communication, Cooperation, Commitment and Care



# Field Group

## Team Building Games



# FIELD GROUP



**Hiking**



**Wilderness Survival Skills**

# All Day Hike



# MEETING NEW FOREST FRIENDS



# WHALES! TIDEPOLS!



# CLASS CHOICE



**Forestry**



**Aquatic Biology**

# CLASS CHOICE



**Wood Carving**



**Outdoor Cooking**

# CLASS CHOICE



**Dissections**



**Wood Furniture**

# CLASS CHOICE



**Advanced Wilderness Survival**



**Orienteering**

# EVENING ACTIVITIES NIGHT EXPERIENCE



# EVENING ACTIVITIES SCIENCE FAIR



# EVENING ACTIVITIES SKIT NIGHT



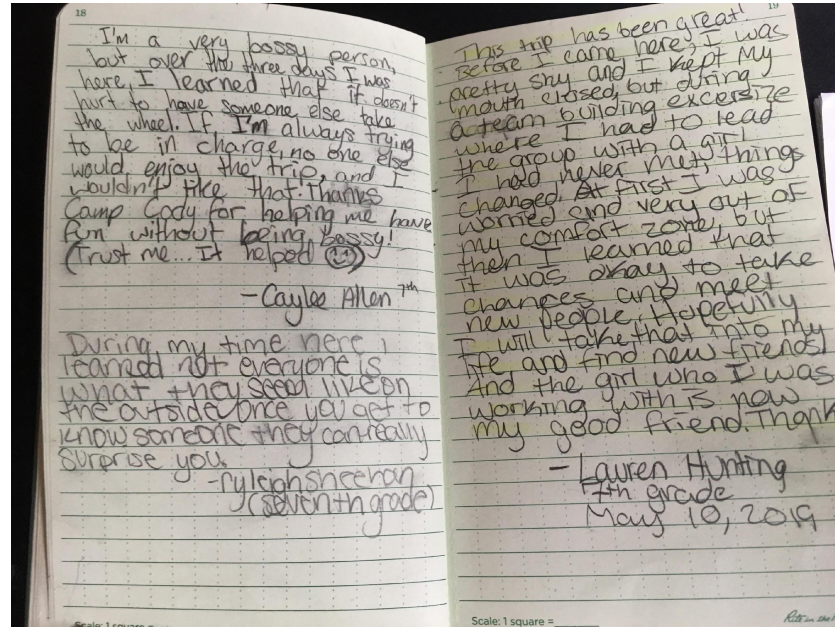
# 4C CHALLENGE QUIET SING



What songs  
are you  
currently  
listening to?

# THE GREEN BOOK

"Tell me what you are really learning!"



“At first I was worried and out of my comfort zone. I learned it was okay to take chances and meet new people.”

Lauren H.

7<sup>th</sup> Grade

10 May 2019

“This week was one of the best in my life! I learned even if things go wrong you can pull through.”

Kennedy I.

# Nantucket Lighthouse School

“Offers content areas we cannot cover!  
And Social Emotional Learning experiences  
that will last a lifetime - thank you!”

Teacher: Mary Ann Bartlett

“I had so much fun this week.  
This is beyond what I thought it was.  
The staff were so nice and instead of  
telling us what to do they helped us  
work through our challenges”

Ali  
24 May 2019

# Thank you for watching!



“A new adventure is coming up and I’m sure it will be a good one.”

--Sigurd Olson