

**Breakfast: FREE to ALL Students**  
**Lunch: \$3.50 (\$0.00 Reduced)**  
**Milk ONLY: \$0.60** Adult Lunch: \$5.00

**Brooklyn Public Schools**  
**Breakfast & Lunch Menu**  
**October 2023**

**Fresh Fruits, Veggies**  
**& Milk**  
**served daily!**

Weekly Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Riblet Sandwich</i> <i>Yogurt Fun Lunch</i> <i>Sunbutter &amp; Jelly</i>	<sup>10/2</sup> <b>Mozzarella Sticks w/</b> <b>Marinara Cups</b> Roasted Broccoli	<sup>10/3</sup> <b>Hearty Beef Chili</b> Cinnamon Roll Green Beans	<sup>10/4</sup> <b>Chicken w/ Ramen</b> <b>Noodles</b> Roasted Carrots	<sup>10/5</sup> <b>Cheesy Chicken</b> Smashed Potato, Corn and Gravy Bowl	<sup>10/6</sup> <b>Personal Cheese</b> <b>Pizza</b> Baby Carrots w/ Ranch
<i>All Beef Hot Dog</i> <i>Yogurt Fun Lunch</i> <i>Sunbutter &amp; Jelly</i>	<sup>10/9</sup> <b>NO SCHOOL</b>  <b>National School</b> <b>Lunch Week!</b>	<sup>10/10</sup> <b>Beef &amp; Cheese</b> <b>Walking Taco</b> Salsa Zesty Black Beans	<sup>10/11</sup> <b>Chicken Tenders</b> <b>Waffles</b> w/ Syrup Sweet Potato Fries	<sup>10/12</sup> <b>Sausage Egg &amp;</b> <b>Cheese Bagel</b> <b>Sandwich</b> Crispy Hash Browns	<sup>10/13</sup> <b>Personal Cheese</b> <b>Pizza</b> Zesty Green Bean Salad
<i>Grilled Cheese</i> <i>Yogurt Fun Lunch</i> <i>Sunbutter &amp; Jelly</i>	<sup>10/16</sup> <b>Breakfast Taco</b> Egg, Cheese & Hashbrown	<sup>10/17</sup> <b>All Beef Hot Dog</b> on Whole Grain Bun Baked Beans	<sup>10/18</sup> <b>Chicken Patty</b> <b>(Spicy or Plain)</b> w/ Lettuce & Mayo Sweet Potato Fries	<sup>10/19</sup> <b>Crispy Chicken</b> <b>Cutlet</b> over Buttery Egg Noodles Green Beans	<sup>10/20</sup> <b>Personal Cheese</b> <b>Pizza</b> Garden Salad w/ Italian Dressing
<i>Meatball &amp; Cheese</i> <i>Wrap</i> <i>Yogurt Fun Lunch</i> <i>Sunbutter &amp; Jelly</i>	<sup>10/23</sup> <b>Lasagna Roll Up</b> Garlic Texas Toast Garden Salad	<sup>10/24</sup> <b>Rodeo Burger</b> BBQ & Onion Ring Topper Crispy Oven Fries	<sup>10/25</sup> <b>Soft Chicken Taco</b> Golden Corn Refried Beans	<sup>10/26</sup> <b>BBQ Chicken</b> Brown Rice Steamed Carrots	<sup>10/27</sup> <b>Personal Cheese</b> <b>Pizza</b> Cucumber and Tomato Salad
<i>Hamburger</i> <i>Yogurt Fun Lunch</i> <i>Sunbutter &amp; Jelly</i>	<sup>10/30</sup> <b>Cheese Quesadilla</b> Brown Rice Refried Beans	<sup>10/31</sup> <b>Chicken Bacon</b> <b>Ranch Wrap</b> Sweet Potato Fries	<sup>11/1</sup> <b>Meatball Stroganoff</b> over Egg Noodles Green Peas	<sup>11/2</sup> <b>Sweet &amp; Sour</b> <b>Chicken</b> over Rice Steamed Broccoli	<sup>11/3</sup> <b>Personal Cheese</b> <b>Pizza</b> Zesty Green Bean Salad

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## **NATIONAL SCHOOL LUNCH WEEK**

**During the 2nd full week in October, National School Lunch Week shines the spotlight on the programs and nutritious food served up every day throughout the school year.**

**Since 1946, national school lunch programs have been available. While many areas may have offered school lunches before that time, other areas found it difficult to find the funds and resources to support such a program.**

*ALL Breakfast items are 100% whole grain and meet the USDA meal pattern requirements.*

*Each breakfast is served with fruit and milk.*

10/2 Mini Straw Bagel Bites	10/3 Confetti Pancakes	10/4 Crumb Cake	10/5 Glazed Doughnut	10/6 Choc Chip Muffin
10/9 No School	10/10 Mini French Toast	10/11 Cinnamon Roll	10/12 Mini Waffles	10/13 Apple Strudel
10/16 Mini Straw Bagel Bites	10/17 Confetti Pancakes	10/18 Crumb Cake	10/19 Glazed Doughnuts	10/20 Choc Chip Muffins
10/23 Breakfast Bar	10/24 Mini French Toast	10/25 Cinnamon Roll	10/26 Mini Waffles	10/27 Apple Strudel
10/30 Mini Straw Bagel Bites	10/31 Confetti Pancakes	11/1 Crumb Cake	11/2 Glazed Doughnut	11/3 Choc Chip Muffin