

Breakfast and lunch are currently available to ALL students for FREE until SMART Funds are exhausted.

Brooklyn Public Schools
Breakfast & Lunch Menu
Aug/Sept 2022

Fresh Fruits and Veggies served Every Day!

<p>Daily Alternates Yogurt Fun Lunch PB or SB & Jelly Sands <i>Weekly Hot Alt</i></p>	<p>8/30</p>	<p>8/31 Brunch For Lunch French Toast, Sausage & Hash Browns <i>Alt. Chicken Patty</i> Pumpkin Bread</p>	<p>9/1 Macaroni & Cheese Texas Toast & Steamed Carrots <i>Alt. Chicken Patty</i> Fruit & Yogurt Parf</p>	<p>9/2 Pizza Day!! Pizza Day!! Zesty Broccoli Salad <i>Alt. Chicken Patty</i> Apple Cinn. Muffin</p>
<p>9/5 NO SCHOOL Labor Day</p>	<p>9/6 BBQ Chicken Flatbread w/ Steamed Broccoli <i>Alt. Cheese Burger</i> Egg & Chs Croissant</p>	<p>9/7 Sausage, Egg & Cheese Bagel Sweet Potato Fries <i>Alt. Cheese Burger</i> French Toast</p>	<p>9/8 Beef & Cheese Nachos w/ Salsa Refried Beans <i>Alt. Cheese Burger</i> Bagel w/ Crm Chs.</p>	<p>9/9 Pizza Pizza!! Tomato Cucumber Salad <i>Alt. Cheese Burger</i> Choc. Chip Muffin</p>
<p>9/12 Cheese Ravioli w/ Meat Sauce, Garlic Bread & Green Beans <i>Alt. Gr. Turkey & Cheese</i> Apple Roll</p>	<p>9/13 Chicken Teriyaki Rice Bowl w/ Black Beans <i>Alt. Gr. Turkey & Cheese</i> Waffles</p>	<p>9/14 Brunch For Lunch French Toast, Sausage & Hash Browns <i>Alt. Gr. Turkey & Cheese</i> Pumpkin Bread</p>	<p>9/15 Crispy Chicken Patty on a Roll w/ Baked Beans <i>Alt. Gr. Turkey & Cheese</i> Fruit & Yogurt Parf</p>	<p>9/16 Pizza Day!! Pizza Day!! Garden Salad <i>Alt. Gr. Turkey & Cheese</i> Apple Cinn Muffin</p>
<p>9/19 Rainbow Rice Bowl w/ Chicken Steamed Broccoli <i>Alt. BBQ Rib Sandwich</i> Cinnamon Roll</p>	<p>9/20 Macaroni & Cheese Dinner Roll & Steamed Carrots <i>Alt. BBQ Rib Sandwich</i> Egg & Chs Croissant</p>	<p>9/21 Popcorn Chicken & Waffles Oven Baked Fries <i>Alt. BBQ Rib Sandwich</i> French Toast</p>	<p>9/22 Beef & Cheese Taco Salad Zesty Black Beans <i>Alt. BBQ Rib Sandwich</i> Bagel w/ Crm Chs.</p>	<p>9/23 Pizza Day!! Pizza Day!! Garden Salad <i>Alt. BBQ Rib Sandwich</i> Choc Chip Muffin</p>
<p>9/26 Pasta & Meatballs Texas Toast & Steamed Green Beans <i>Alt. Chicken Patty</i> Apple Roll</p>	<p>9/27 Sloppy Sloppy Joe on a Roll Steamed Carrots <i>Alt. Chicken Patty</i> Waffles</p>	<p>9/28 Brunch For Lunch French Toast, Sausage & Hash Browns <i>Alt. Chicken Patty</i> Pumpkin Bread</p>	<p>9/29 Chicken & Smashed Potato Bowl Sweet Corn Niblets <i>Alt. Chicken Patty</i> Fruit & Yogurt Parf</p>	<p>9/30 Pizza Day!! Pizza Day!! Garden Salad <i>Alt. Chicken Patty</i> Apple Cinn Muffin</p>

*Menu subject to change without notice. *

FOOD NEWS!



During the transition back to normal school operations in school year 2022-23, EASTCONN Food Services has opted into the School Meals Assistance Revenue for Transition (SMART) funds providing meals (breakfast and lunch) at no cost for all students at the beginning of the school year. Please note that meals at no cost to all students **are unlikely to last all year and are subject to the availability of district funds**. Since the availability of meals at no cost will expire when all funds have been expended, it is critical that households submit a free and reduced-priced meal application as soon as possible to determine a student's eligibility for this school year and avoid unpaid meal charges.

Breakfast



A complete breakfast includes; Whole Grain based Entrée, Milk, Fruit and/or 100% Fruit Juice.



Alternate Cereal Breakfast Available Everyday

Alternate lunches are available daily by request only and include all food group components:

Yogurt Fun Lunch w/
A Sunbutter & jelly sandwich
On whole wheat bread

Lunch

What does a complete lunch include?
Grain, meat/meat alternate, vegetable, fruit & milk
Students are encouraged to select all 5 components!

Lunch milk choices include: Fat Free or 1% Regular Milk and fat-free chocolate milk

This is an equal opportunity institution

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