

**Breakfast & Lunch will be available
to all students for FREE beginning
March 1, 2023
Milk ONLY \$0.60**

Brooklyn Public Schools
Breakfast & Lunch Menu
March 2023

**Fresh Fruits,Veggies and Milk
served daily!**

| | | | | |
|---|---|--|--|--|
| <p>2/27</p> <p>Cheese Quesadilla Salsa and Sour Cream Zesty Black Beans</p> <p><i>Alt. Hamburger</i></p> <p>Apple Roll</p> | <p>2/28</p> <p>Teriyaki Meatballs over Brown Rice Steamed Broccoli</p> <p><i>Alt. Hamburger</i></p> <p>Waffles</p> | <p>3/1</p> <p>Crispy Chicken Patty Waffle Sandwich w/ SP Fries Syrup</p> <p><i>Alt. Hamburger</i></p> <p>Pumpkin Bread</p> | <p>3/2</p> <p>NO SCHOOL</p> | <p>3/3</p> <p>NO SCHOOL</p> |
| <p>3/6</p> <p>Cheese Ravioli w/ Meatballs Marinara Garlic Bread & Green Beans</p> <p><i>Alt. Grilled Cheese</i></p> <p>Cinnamon Roll</p> | <p>3/7</p> <p>Tangy Sweet & Sour Chicken Rice Bowl w/ Broccoli</p> <p><i>Alt. Grilled Cheese</i></p> <p>Egg & Chs Croissant</p> | <p>3/8</p> <p>Brunch For Lunch French Toast, Egg or Sausage Patty & Hash Browns</p> <p><i>Alt. Grilled Cheese</i></p> <p>Pancakes</p> | <p>3/9</p> <p>BBQ Rib on a Roll w/ Baked Beans</p> <p><i>Alt. Grilled Cheese</i></p> <p>Bagel w/ Crm Chs</p> | <p>3/10</p> <p>Pizza Day!! Pizza Day!! Garden Salad w/ Dressing</p> <p><i>Alt. Grilled Cheese</i></p> <p>Choc Chip Muffin</p> |
| <p>3/13</p> <p>Cheesy Pull- a-Part w/ Marinara Dip Garden Salad w/ Ranch</p> <p><i>Alt. Chicken Patty</i></p> <p>Apple Roll</p> | <p>3/14</p> <p>Beef & Cheese Nachos w/ Salsa Zesty Refried Beans topped w/ Cheese</p> <p><i>Alt. Chicken Patty</i></p> <p>Waffles</p> | <p>3/15</p> <p>Hearty Beef Vegetable Soup served with Dinner Roll</p> <p><i>Alt. Chicken Patty</i></p> <p>Pumpkin Bread</p> | <p>3/16</p> <p>Chef's Choice!!</p>  <p><i>Alt. Chicken Patty</i></p> <p>Yogurt w/ Grahams</p> | <p>3/17</p> <p>Pizza Day!! Pizza Day!! Garden Salad with Italian Dressing</p> <p><i>Alt. Chicken Patty</i></p> <p>Apple Cinn Muffin</p> |
| <p>3/20</p> <p>BBQ Chicken Flatbread Cajun Black Beans and Corn Salad</p> <p><i>Alt Hamburger</i></p> <p>Cinnamon Roll</p> | <p>3/21</p> <p>Pop into Spring Popcorn Chicken w/ Waffles - Sweet Potato Fries & Syrup</p> <p><i>Alt. Hamburger</i></p> <p>Egg & Chs Croissant</p> | <p>3/22</p> <p>Brunch for Lunch Saus Egg & Cheese Bagel Hash Browns</p> <p><i>Alt. Hamburger</i></p> <p>Pancakes</p> | <p>3/23</p> <p>Beef Taco Soup topped w/ Cheese Tortilla Chips</p> <p><i>Alt. Hamburger</i></p> <p>Bagel w/ Crm Cheese</p> | <p>3/24</p> <p>PIZZA PIZZA Baby Carrots & Cucumber Slices</p> <p><i>Alt. Hamburger</i></p> <p>Choc Chip Muffin</p> |
| <p>3/27</p> <p>Cheese Quesadilla Salsa and Sour Cream Zesty Black Beans</p> <p><i>Alt. Grilled Cheese</i></p> <p>Apple Roll</p> | <p>3/28</p> <p>Chicken and Broccoli Alfredo Garlic Texas Toast</p> <p><i>Alt. Grilled Cheese</i></p> <p>Waffles</p> | <p>3/29</p> <p>Crispy Chicken Patty Pancake Sandwich w/ SP Fries & Syrup</p> <p><i>Alt. Grilled Cheese</i></p> <p>Pumpkin Bread</p> | <p>3/30</p> <p>Chef's Choice!!</p>  <p><i>Alt. Grilled Cheese</i></p> <p>Yogurt w/ Grahams</p> | <p>3/31</p> <p>Pizza Day!! Pizza Day!! Garden Salad w/ Dressing</p> <p><i>Alt. Grilled Cheese</i></p> <p>Apple Cinn. Muffin</p> |

*Menu subject to change without notice. *

Dear Families,

Beginning March 1, 2023, school breakfast and lunch meals will resume being offered at no cost to all students through the end of the SY 2022-23. One school breakfast and lunch meal per school day will be provided at no cost. Students will still be charged for the following:

- *the purchase price of an additional meal*
- *any a la carte items that are available for purchase, including milk*

If you think your child might qualify for free or reduced-price meals, we ask that you still fill out an application, which can be found [here](#).

Please see the links below for helpful information.

- *Video: [How to Fill Out the Application for Free and Reduced-price Meals or Free Milk](#)*
- *[Information on the Supplemental Nutrition Assistance Program \(SNAP\)](#);*

SMART Funds cannot be used towards negative balances. If your family does not qualify for free or reduced meals and your child has a negative balance, please be advised that you are still responsible for payment.

If you have any questions, please send them to EASTCONNFoodservice@eastconn.org

SMART funds 1.0 and 2.0 were made possible by the Connecticut General Assembly and Governor Lamont through one-time ARPA allocations for SY 2022-23.

This is an equal opportunity institution.